

BREAKFAST

Chopped Seasonal Fruit 8.50
Nuts & Seeds Granola, yogurt & honey 8.95
Vanilla Porridge, prune compóte 8.95
Sourdough Toast with butter & preserves 5.95
Croissant or Pain au Chocolate 4.95

ENGLISH 18.95

Smoked Streaky Bacon, Eggs,
Cumberland Sausage, Black Pudding,
Mushrooms & Grilled Tomato,
Toast with Butter & Preserves

VEGETARIAN 16.50

Spinach, Avocado, Eggs,
Sautéed Potatoes,
Mushrooms & Grilled Tomato,
Toast with Butter & Preserves

Streaky Bacon & Egg Roll 7.50

Poached Eggs, crispy bacon & avocado 12.00

Honey Baked Ham & Cheddar Omelette 10.95

Grilled Whole Kipper, lemon & parsley butter 13.50

Buttermilk Pancakes, banana & toffee sauce 11.00

Eggs Florentine, Benedict or Royale 15.00

Crashed Eggs, chorizo, potatoes & spring onion 11.50

Smoked Salmon & Scrambled Eggs 12.95

Cornish Crab, Avocado & Poached Egg, sourdough toast 16.95

Eggs Any Style, sourdough toast 9.00

CHILDREN'S

Choice of Cereals 4.50 French Toast 6.00 Sausage & Egg Muffin 7.00 Boiled Egg & Soldiers 6.00 Freshly Squeezed Orange or Grapefruit Juice 4.50

COLD PRESSED JUICES 8.95

Carrot, orange, apple, ginger

Kale, spinach, romaine, cucumber, apple, lemon

Apple, lemon, ginger

SUPER SMOOTHIES 8.00

Triple Berry, blueberries, raspberries, strawberries, banana, lime & coconut milk Greens, mango, avocado, banana, apple, lemon & spinach Glow, banana, avocado, orange, lemon, ginger, turmeric & cayenne

TEA

English Breakfast 4.25 Earl Grey 4.25 Lapsang Souchong 4.25 Jasmine Star 4.95 Rooibos 4.25 Camomile 4.25 Darjeeling 4.25 Red Berry & Hibiscus 4.25 Assam 4.25 Fresh Mint 4.25

COFFEE

Espresso 3.25 /4.25 Piccolo 4.25 Cappuccino 4.25 Latte 4.25 Flat white 4.25 Americano 4.25 Cafetiere 4.50/5.95

Hot chocolate 4.95